



UNC CFAR Social and Behavioral Science Research Core SABI Database

INSTRUMENT TITLE: HIV Stigma Scale

SOURCE ARTICLE: Emler, C. A. (2005). Measuring Stigma in Older and Younger adults with HIV/AIDS: An Analysis of an HIV Stigma Scale and Initial Exploration of Subscales. *Research on Social Work Practice*, 15(4), 291-300.

RESPONSE OPTIONS: 1= not at all, 2 = rarely, 3 =sometimes, 4 = often

SURVEY ITEMS:

1. I felt blamed by others for my illness.
2. I felt ashamed of my illness.
3. I thought my illness was a punishment for things I've done in the past.
4. I feared that I might lose my job if someone found out about my illness.
5. I felt compelled to change my residence because of my illness.
6. I avoided getting treatment because someone might find out about my illness.
7. I feared that people would hurt my family if they learned about my illness.
8. I thought other people were uncomfortable being with me.
9. I felt people avoided me because of my illness.
10. I feared I would lose my friends if they learned about my illness.
11. I feared my family would reject me if they learned about my illness.
12. I felt I wouldn't get as good healthcare if people knew about my illness.

TERMS OF USE:

Individuals may use this information for research or educational purposes only and may not use this information for commercial purposes. When using this instrument, please cite:

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When presenting results using any survey information you obtained from the SABI, please acknowledge the University of North Carolina at Chapel Hill Center for AIDS Research (CFAR), an NIH funded program P30 AI50410.



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13. People who know I am HIV positive treat me with kid gloves.

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